## Cigna Dental Benefit Summary Montefiore Nyack Hospital Plan Effective Date: 01/01/2025



Administered by: Cigna Health and Life Insurance Company

This material is for informational purposes only and is designed to highlight some of the benefits available under this plan. Consult the plan documents to determine specific terms of coverage relating to your plan. Terms include covered procedures, applicable waiting periods, exclusions and limitations. Your DPPO plan allows you to see any licensed dentist, but using an in-network dentist may minimize your out-of-pocket expenses.

Benefit Plan Features	DPPO-Total		Non-Network
Network Options	Advantage Network	Total Network	See Non-Network Reimbursement
Reimbursement Levels	Fee Schedule	Discount on Fees	Maximum Reimbursable Charge
Calendar Year Benefits Maximum Applies to: Class I, II, III & IX expenses	\$2,000	\$1,500	\$1,500
Calendar Year Deductible Individual Family	\$50	\$75	\$75
	\$150	\$225	\$225
Benefit Highlights	Plan Pays	Plan Pays	Plan Pays
Class I: Diagnostic & Preventive Oral Evaluations Prophylaxis: routine cleanings X-rays: routine X-rays: non-routine Fluoride Application Sealants: per tooth Space Maintainers: non-orthodontic	100%	100%	100%
	No Deductible	No Deductible	No Deductible
Class II: Basic Restorative  Restorative: fillings Periodontal Maintenance Endodontics: minor and major Periodontics: minor and major Oral Surgery: minor and major Anesthesia: general and IV sedation Emergency Care to Relieve Pain (Note: This service is administrated at the in network coinsurance level.)	90%	80%	80%
	After Deductible	After Deductible	After Deductible
Class III: Major Restorative Inlays and Onlays Prosthesis Over Implant Crowns: prefabricated stainless steel / resin Crowns: permanent cast and porcelain Bridges and Dentures Repairs: bridges, crowns and inlays Repairs: dentures Denture Relines, Rebases and Adjustments	60%	50%	50%
	After Deductible	After Deductible	After Deductible
Class IV: Orthodontia Coverage for Dependent Children to age 19 Lifetime Benefits Maximum: \$1,500	50%	50%	50%
	No Deductible	No Deductible	No Deductible
Class V: TMJ Occlusal orthotic device & adjustment Lifetime Benefits Maximum: \$1,000	60%	50%	50%
	After Deductible	After Deductible	After Deductible
Class IX: Implants	60%	50%	50%
	After Deductible	After Deductible	After Deductible

Benefit Plan Provisions:		
In-Network Reimbursement	For services provided by a Cigna Dental PPO network dentist, Cigna Dental will reimburse the dentist according to a Fee Schedule or Discount Schedule.	
Non-Network Reimbursement	For services provided by a non-network dentist, Cigna Dental will reimburse according to the Maximum Reimbursable Charge. The MRC is calculated at the 90th percentile of all provider submitted amounts in the geographic area. The dentist may balance bill up to their usual fees.	
Cross Accumulation	All deductibles, plan maximums, and service specific maximums cross accumulate between in and out of network. Benefit frequency limitations are based on the date of service and cross accumulate between in and out of network.	
Calendar Year Benefits Maximum	The plan will only pay for covered charges up to the yearly Benefits Maximum, when applicable. Benefit-specific Maximums may also apply.	
Calendar Year Deductible	This is the amount you must pay before the plan begins to pay for covered charges, when applicable. Benefit-specific deductibles may also apply.	
Late Entrant Limitation Provision	Payment will be reduced by 50% for Class III, IV, V and IX services for 12 months for eligible members that are allowed to enroll in this plan outside of the designated open enrollment period. This provision does not apply to new hires.	
Pretreatment Review	Pretreatment review is available on a voluntary basis when dental work in excess of \$200 is proposed.	
Alternate Benefit Provision	When more than one covered Dental Service could provide suitable treatment based on common dental standards, Cigna will determine the covered Dental Service on which payment will be based and the expenses that will be included as Covered Expenses.	
Oral Health Integration Program®	The Cigna Dental Oral Health Integration Program offers enhanced dental coverage for customers with certain medical conditions. There is no additional charge to participate in the program. Those who qualify can receive reimbursement of their coinsurance for eligible dental services. Eligible customers can also receive guidance on behavioral issues related to oral health. Reimbursements under this program are not subject to the annual deductible, but will be applied to the plan annual maximum.  For more information on how to enroll in this program and a complete list of terms and eligible conditions, go to <a href="https://www.mycigna.com">www.mycigna.com</a> or call customer service 24/7 at 1-800-Cigna24.	
Timely Filing	Out of network claims submitted to Cigna after 365 days from date of service will be denied.	
Benefit Limitations:		
Missing Tooth Limitation	Teeth missing prior to coverage effective date are not covered.	
Oral Evaluations/Exams	2 per calendar year.	
X-rays (routine)	Bitewings: 2 per calendar year.	
X-rays (non-routine)	Complete series of radiographic images and panoramic radiographic images: Limited to a combined total of 1 per 36 months.	
Diagnostic Casts	Payable only in conjunction with orthodontic workup.	
Cleanings	2 per calendar year, including periodontal maintenance procedures following active therapy.	
Fluoride Application	1 per calendar year for children under age 14.	
Sealants (per tooth)	Limited to posterior tooth. 1 treatment per tooth every 36 months for children under age 14.	
Space Maintainers	Limited to non-orthodontic treatment for children under age 19.	
Crowns, Bridges, Dentures and Partials	Replacement every 96 months if unserviceable and cannot be repaired. Benefits are based on the amount payable for non-precious metals. No porcelain or white/tooth-colored material on molar crowns or bridges.	
Denture and Bridge Repairs	Reviewed if more than once.	
Denture Relines, Rebases and Adjustments	Covered if more than 6 months after installation.	
Prosthesis Over Implant	1 every 96 months if unserviceable and cannot be repaired. Benefits are based on the amount payable for non-precious metals. No porcelain or white/tooth colored material on molar crowns or bridges.	

## Benefit Exclusions:

Covered Expenses will not include, and no payment will be made for the following:

- Procedures and services not included in the list of covered dental expenses;
- Diagnostic: cone beam imaging;
- Preventive Services: instruction for plaque control, oral hygiene and diet;
- Restorative: veneers of porcelain, ceramic, resin, or acrylic materials on crowns or pontics on or replacing the upper and or lower first, second and/or third molars;
- Periodontics: bite registrations; splinting;

- Prosthodontic: precision or semi-precision attachments;
- Procedures, appliances or restorations, except full dentures, whose main purpose is to change vertical dimension, stabilize periodontally involved teeth or restore occlusion;
- Athletic mouth guards;
- Services performed primarily for cosmetic reasons;
- Personalization or decoration of any dental device or dental work;
- Replacement of an appliance per benefit guidelines;
- Services that are deemed to be medical in nature;
- Services and supplies received from a hospital;
- Drugs: prescription drugs;
- Charges in excess of the Maximum Reimbursable Charge.

This document provides a summary only. It is not a contract. If there are any differences between this summary and the official plan documents, the terms of the official plan documents will prevail.

Product availability may vary by location and plan type and is subject to change. All group dental insurance policies and den tal benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna representative.

A copy of the NH Dental Outline of Coverage is available and can be downloaded at Health Insurance & Medical Forms for Customers | Cigna under Dental Forms.

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