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SUBARU & LLS BRING COMFORT AND COMPASSION TO THE INFUSION CENTER



Montefiore Nyack Hospital welcomed representatives from Subaru of America and The Leukemia & Lymphoma Society (LLS) on May 29th to The Infusion Center as part of Subaru's Loves to Care® charity program. With special guests **Tia Stokes** and **Jelien Ramos**—social media voices known for their cancer survivorship and positivity—our infusion patients were treated to cozy blankets, comfort kits, and a whole lot of love, support, and encouragement.

In addition to donating and delivering blankets, messages of hope, and care kits, participating Subaru retailers will contribute to The Leukemia & Lymphoma Society's Urgent

Need Pediatric, Adolescent and Young Adult Fund. Subaru will match donations made through LLS.org during Subaru Loves to Care from June 1 - 30, 2025, up to \$100,000. The fund provides financial assistance to young blood cancer patients and their families to help with non-medical related expenses, including groceries, transportation, housing and more.

We are grateful for the kindness and compassion shared at our hospital, and thank Subaru, LLS, Tia, and Jelien for being part of our community. Thank you to everyone involved in helping our patients feel seen and heard while making the Infusion Center a little brighter. Special thanks to **Jennifer Wagner, FNP, BC, AOCNP, Senior Administrative Director of Women's Health and Oncology Services**, and the **Infusion nurses, pharmacists** and **administrative staff of The Infusion Center** for being so welcoming and supportive!



EMPLOYEE ANNIVERSARIES

Congratulations to the following employees who celebrated a milestone work anniversary this month. We applaud their dedication and thank them for their care and service to the Hospital!

5 YEARS

Michelle Adem
Michael Brooks
Rachon Coleman
Brittany DeYorgi
Herve Jean Gilles
Jessica Lliguicota
Louis Mazzucca
Truc Linh Nguyen
David Riolo
Lindsey Sullinger

10 YEARS

Myrta Figueroa
Rachelamma George
Catherine Karcz
Desiree Morris
Shagufta Quadri

15 YEARS

Marie Augustin
Evelyn Bernardo
Diane Gillespie
Klara Kovacs
Tiffany Miranda
Donna Wright

20 YEARS

Leslie Avila

25 YEARS

Criselda Nguyen

45 YEARS

Catherine Sullivan

- **Kessler Felix**, Cardiac Exercise Physiologist, Cardiac Rehabilitation
- **Adelina Gacevic**, PCA, Medical ICU
- **Erika Guayllas**, Host/Hostess, Food & Nutrition
- **Olga Hado**, RN, Emergency Department
- **Ricardo Jean**, Dietary Aide, Food & Nutrition
- **Giana Joseph**, Dietary Clerk, Food & Nutrition
- **Sherlie Joseph**, Executive Assistant, Administration
- **Sibil Karathanal**, Patient Access Coordinator
- **Kristian Kondakciu**, EEG Technician, Electroencephalography
- **Esther Kwon**, HR Specialist, Records Custodian, Human Resources
- **Jessica Larocca**, Ambulatory Scrub Technician, West Nyack Ambulatory Surgery Center
- **Brian Lawrence**, Environmental Services Aide
- **Kathleen Lustin**, AA, 4 Maze
- **Jeff Mathew**, Radiologic Technologist, Diagnostic Radiology
- **Reena Mathew**, Nursing Professional Development Specialist, Center for Learning and Development
- **Vanessa Monteleone**, RN, Operating Room
- **Prabhdeep Multani**, Tele-Sitter, Float
- **Marianne Murray**, RN, NICU
- **Sabrina Mulligan**, Director, Compliance & HIPAA Privacy, Corporate Compliance
- **Jesus Ramos**, Imaging Analyst, Information Technology
- **Connie Santiago**, RN, 6 Doctors
- **Christine Saji**, Medication Documentation Specialist, Pharmacy
- **Elira Selmanaj**, RN, Pediatrics
- **Joshua Silberbush**, Nurse Manager, Operating Room
- **Tunisha Timmons**, Host/Hostess, Food & Nutrition
- **Doreen Untener-Hensey**, RN, Home Care
- **Alec Valery**, Host/Hostess, Food & Nutrition
- **Assante Williams**, Behavioral Health Counselor,
- **Christina Wurst**, OR Environmental Services Aide, Operating Room
- **Susan Zabala**, RN, 6 Doctors

WELCOME NEW EMPLOYEES!

We welcome Montefiore Nyack's newest employees!

- **Julianna Acevedo**, Radiation Therapy Aide, Radiation Oncology
- **Philomina Akahoho**, Patient Safety Attendant, Float
- **Mendy Augustin**, PCA, Emergency Department
- **Richard Barron**, Central Services Technician, Central Sterile Supplies
- **Andre Bazile**, Patient Transporter
- **Lara Benz**, Clinical RN Coordinator, Hematology Oncology
- **Adam Brown**, RN, Behavioral Health
- **Erwin Canady**, Environmental Services Aide
- **Julio Cerda**, PET CT Technologist
- **Hailey DeRosa**, PCA, Medical ICU
- **Candice Dye**, RN, Pediatrics
- **Joanna Estrada**, Patient Access Coordinator
- **Christian Everett**, Dietary Aide, Food & Nutrition

EMPLOYEE OF THE QUARTER



Pictured from left to right: **Michele Corda, RN**, **Charles Tejada, Nurse Manager**, **Sean Guerin, RN**, and **Chris Genovesi, Administrative Director of the Emergency Dept.**

Congratulations to **Sean Guerin, RN, Emergency Dept.**, for being named the **Employee of the 2nd Quarter**! Sean was nominated by his peers in the ED, receiving more than a dozen endorsements for this honorable nomination! Below is what some of his colleagues had to share about Sean:

"Sean is always proactive in helping his coworkers. He jumps in to assist his fellow nurses and offers emotional support when needed. Sean is the first person to run into the trauma room whenever there is a code stroke or trauma to help."

"Sean is ethical, trustworthy, and reliable. He is true to his word and can be counted on to "be there or do that"—if he says he will, he does. He adheres to a personal moral code that guides his nursing practice and personal interactions."

"Sean brings a positive energy to the ED unit. He lifts people and acknowledges goodness in others. He is quick to share praise or merit."

Congratulations, Sean, on this well-deserved recognition! We thank you for your unparalleled care and appreciate your outstanding efforts to embody the Hospital's WE CARE standards!

The "Employee of the Quarter" program is open to all staff. To nominate an employee or manager, request a nomination form from Norma Mateo-Liatsis, SHRM-CP, Senior Human Resources Coordinator and Rewards & Recognition Program Ambassador, in Human Resources.

STAFF ACCOMPLISHMENTS AND AWARDS

Congratulations to **Lori-Ann Williams, CDM, CFPP, Director of Food and Nutrition Services**, who received the Association for Healthcare Foodservice's Future Horizon Award! This award recognizes self-operator members with 1-5 years of management experience who have demonstrated exceptional leadership potential and the ability to implement strategic plans that positively impact their hospital and community.

Montefiore Nyack Hospital has received the **IBCLC Care Award** in recognition of staff professionals who hold the prestigious International Board Certified Lactation Consultant® (IBCLC) certification for excellence in educating and supporting breastfeeding families on lactation care. Our **professional and committed IBCLC consultants** focus on preventive care during pregnancy and provide information on how to initiate breastfeeding successfully. We congratulate them on this well-deserved recognition award and thank them for all they do to educate and support breastfeeding!



Pictured from left to right: **Rexi Thomas, Maternity Nurse Manager**; **Yeva Posner, Prenatal Nurse Manager**; **Nicole Pantierer, IBCLC**; **Jacqueline LeCompte, IBCLC**; **Paula Loeb, IBCLC**; **Patti Soriano Guzman, IBCLC**; and **Andrea McGowan, Director of Nursing, Maternal Child Health.**

PHYSICIANS OF THE YEAR 2025

Montefiore Nyack Hospital proudly recognized its 2025 Physicians of the Year honorees: **Mathew Lonberg, MD**, and **Bramdeo Singh, MD**, for their longtime service and dedication to patient care during a reception on Thursday, June 5, 2025, at the Hilton Pearl River.

Mathew Lonberg, MD, a respected and accomplished physician, has been a member of the Montefiore Nyack Hospital Medical Staff since 1988. He is a highly trained and dedicated hematologist and medical oncologist who serves as Chief of the Section of The Hematology and Oncology Center at Montefiore Nyack Hospital.

Bramdeo Singh, MD, began his medical career as the co-founder of the Hospitalist Program at Putnam Hospital Center in Carmel, NY. Dr. Singh was named medical director of the Sound Physicians Hospitalist Program at Montefiore Nyack Hospital in 2017. He serves as Chair of the Internal Medicine Sub-Internship Program at Montefiore Nyack Hospital. In 2019, he received the Sound Physicians Integrity Award for exceptional service and dedication. Dr. Singh is an adjunct Clinical Assistant Professor of Medicine at Touro College of Osteopathic Medicine and an Associate Professor at the Albert Einstein School of Medicine. He volunteers with the American Board of Internal Medicine.



HEALTH WORKS: SUMMER 2025

Montefiore Nyack's latest community magazine issue of Health Works is now available. Read the full issue here: <https://bit.ly/4kBl4KO>. If you want to receive the magazine at home, please email your name and postal address to MNH-PublicRelations@montefiorenyack.org.

Our community magazine has been recognized with a **Digital Health Award** by the Health Information Resource Center. The goal of Health Works is to provide our community with valuable health information. Thank you to all the physicians and clinical staff who share their expertise and tips for healthy living!



STAFF RETIREMENTS

Congratulations to the following retirees who worked at the hospital for 10+ years. We thank them for their service and wish them happiness in their retirement.

Marie Audain, Dietary Aide, retired from her position in Food and Nutrition Services after 29 years of dedicated service.

Arlene Dyer-Salkey, RN, Operating Room, has retired after 23.5 years of caring for patients.

Maria Lopez, Patient Transporter, retired after 28.5 years of helping patients.

Douglas Prior, Senior HVAC Mechanic, has retired from his position in Facilities after 28 years of dedicated service.



COMMUNITY CHAMPIONS



Congratulations to **Chaplain Warren Brandt**, who was announced as the winner of the Richard L. Kohlhausen Community Champion Award. Chaplain Brandt provides comfort and pastoral care at the hospital, while exemplifying heroism in his personal life through his acts of kindness and life of service. He is truly inspirational to all who know and work with him. As a Rockland County resident for 58 years, he has a deep connection and involvement with the Rockland County community. Warren has served as a volunteer with the New City Ambulance Corps., Fire Department, Rotary Club of Nyack, Haverstraw Elks Club, Meals on Wheels, People to People, Campus Ministry Club of Rockland Community College, and Rockland County

Veterans Services. Each year, we honor a Montefiore Nyack Team member in memory of Richard L. Kohlhausen, who served on the Montefiore Nyack Hospital Board of Trustees until 2023. Dick's commitment to community service was extensive as he generously devoted his time and energy to numerous charitable efforts throughout Rockland County.

To apply or nominate a colleague for a Community Champion Award, please email nmateoliat@montefiorenyack.org for information and an application.

COMMUNITY CHAMPION: NEXT GENERATION

Hadley Rubenstein, a 13-year-old middle school student, collected activity and coloring books for children being treated in the Pediatrics Emergency Department of Montefiore Nyack Hospital as part of her Bat Mitzvah project. "I have had to go to the hospital and know firsthand how nice it is when you are given something to do while waiting for tests or to see the doctors or nurses," says Hadley. "That is how I wanted to be treated, so now I treat others in the same way by bringing a little entertainment to a not-so-fun situation. I am so glad to work with the Volunteer Services Department."



COMMUNITY HEALTH SURVEY

The Rockland County Department of Health is conducting a community health survey to develop the 2025-2030 Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP). The goal of this survey is to assess the public's views on various health-related issues in the community, based on what residents consider important for their health and the well-being of residents in Rockland County. Community input is necessary for an effective CHA!



- Individuals must be Rockland residents and at least 18 years of age to take the survey.
- Individuals who complete the survey are eligible to submit their contact information for a chance to win one of several \$50 gift cards.
- The survey closes on July 31, 2025. [Click here](#) to take the survey.

SAVE THE DATES

Spring Hours for Mary's Garden

7 AM to 7 PM

Entrance accessible from Stairwell #5 between the Ground and First Floors near the Cafeteria. Mary's Garden is a tranquil space for Hospital employees and volunteers to sit and relax during break time and one-on-one meetings. There are no trash receptacles in Mary's Garden. Please kindly take out what you bring with you.

Transamerica Retirement Session (Virtual only) Wednesday, July 8, 2025

8 AM to 4 PM

Transamerica is currently handling retirement education via phone appointments only. To schedule a one-on-one consultation, please check your [email for a link](#) from Human Resources or call 319-355-3534. As a reminder, you can access your Transamerica retirement plan account at transamerica.com.

Live, Latch, Love Picnic Friday, August 1, 2025 (Rain or shine) 11 AM to 2 PM

Families will gather at Haverstraw Bay Park Pavilion (21 Gagan Road, Haverstraw) for the annual **Live, Latch, Love!® Picnic Celebration** during World Breastfeeding Week (August 1-7) to share their lactation and parenting experiences. **RSVP by July 28, 2025.** This free event is sponsored in partnership with Montefiore Nyack Hospital and the Rockland County Department of Health, Rockland County Lactation Coalition, The New York Milk Bank, Lower Hudson Valley Perinatal Network, and Children's Health and Research Foundation.

V-FIB COFFEE

V-Fib Coffee, owned and operated by a retired paramedic, serves lattes, coffee, tea, cold brew and iced beverages. Weather permitting, his silver Airstream trailer will be parked outside the Emergency Department entrance off Midland Avenue, Monday through Friday, from 2:30 until late evening. A 10% discount is available for all staff. Follow him on Instagram at [v_fib_coffee](#) for updates.

Annual Employee Service Awards

September 18, 2025

For those employees who celebrated a milestone anniversary in **2024** (10, 15, 20, 25, 30, 35, 40, 45 & 50 years of service), the Employee Service Awards will be held in the Cafeteria Conference Room on Thursday, September 18, 2025.

Eligible employees will receive invitations in August with the times to attend this event.

Should you have any questions, please contact Linda Taff in Human Resources at ext. 2151 or ltaff@montefiorenyack.org.

4th Annual Rides & Strides

Saturday, October 25, 2025

Rockland Lake State Park

8:30 AM – 12 PM

Rides & Strides is a fundraising event hosted by the Montefiore Nyack Hospital Foundation at Rockland Lake State Park in Congers, NY. Event proceeds will benefit The Breast Center at Montefiore Nyack Hospital. This event will offer participants from the Rockland County community and beyond the opportunity to come together for a great cause while enjoying exclusive access to a family run/walk and cycling event in one of the most beautiful areas of the Hudson Valley. For more information, call 845-348-2770 or register online at [Rides & Strides 2025](#) (montefiorenyackfoundation.org).

GOOD NEIGHBOR POLICY

If you park your car in the 9W parking lot or on the street, please be mindful of how you park your car. Please do not take double spots by parking crooked or over the lines.

Thank you for your consideration.

WOMEN'S HEALTH FOR THE AGES

At Montefiore Nyack Hospital, one of our priorities is to ensure that women, who are usually primary caregivers of themselves and their families, are well-informed. We created a guide, "A Lifetime of Better Health," for women of all ages. Please bookmark this link and share it with all the women in your life. Read more: <https://bit.ly/4kakF1m>.



MEN'S HEALTH ESSENTIALS



June is Men's Health Month. Prevention is the cornerstone of men's health. Research shows that men who undergo regular screenings and establish a relationship with a primary care physician tend to live longer, healthier lives. Addressing minor issues early prevents major

complications later. Please share this information with the men in your life. Learn more: <http://bit.ly/442Eh1H>.

BRAIN HEALTH

Special mention to the Employee Assistance Program for this submission.

A healthy lifestyle includes investing in brain health. The brain needs to be stimulated and challenged to interpret our environment. If it isn't exposed to new information and challenges, it can decline over time. For better brain health, consider these points:

1. **Cognitive Stimulation:** Participate in activities that promote brain growth to help delay decline.
2. **Visit your doctor.** Be proactive about your health. Schedule your annual checkup with your primary care provider. Complete the recommended screenings for your age.
3. **Stay connected:** Engage in meaningful activities that boost your happiness and well-being.
4. **Follow a healthy diet.** Eating well benefits both your body and mind. Include a variety of foods such as fruits, vegetables, whole grains, lean meats, fish, and poultry. Limit solid fats, sugar, salt, and processed foods.
5. **Get enough sleep.** Recent research shows sleep isn't a time for the body and brain to shut down. Instead, both remain active through various stages, each serving specific functions.

If you're interested in improving your brain health but aren't sure how, consider reaching out to the EAP at 845-638-8880 or MNH-EAP@montefiorenyack.org for confidential assistance.

LIVEON NY

In May 2025, a 69-year-old patient from the MICU helped others live on through one final act of kindness and compassion. This patient's legacy will continue to live on in the lives of three individuals.

- Right kidney saved the life of a 63-year-old
- Liver saved the life of a 51-year-old

Montefiore Nyack Hospital is a partner of LiveOnNY, whose mission is helping to achieve a world in which the power of donation is fully realized. Please consider saving lives through organ, eye, and tissue donation at registerme.org.

THE VOICE OF OUR PATIENTS

The Patient Experience is about being a caregiver and ensuring patients and families feel safe and confident in the care provided. Everyone here at Montefiore Nyack Hospital contributes to patient experience in a meaningful way. Below are a few acknowledgments of gratitude received.

Congratulations to the units and departments they represent and the caregivers they work beside.

- “I had a wonderful experience at The Breast Center. **Teresa** and **Maria** did my tests they were so incredibly kind and made me laugh and I had three different tests in under an hour. No waiting. I was nervous and they made it easy. Just great, thank you!”
- “I recently had orthopedic surgery with **Dr. Neal Shuren** at Montefiore Nyack Hospital, and I couldn’t be more pleased with the care I received from start to finish. From the moment I checked in, the front desk staff were courteous, efficient, and made the process smooth and stress-free. Once I was taken to the back, the nursing staff were equally impressive—professional, compassionate, and attentive to every detail. They ensured I was comfortable, informed, and well-cared-for throughout my stay. Every team member I interacted with demonstrated a high level of professionalism and dedication to patient care. I’m truly grateful for the outstanding service and support I received.”
- “I had a steroid injection done on my lower back. My experience at the hospital was superb. I arrived on time, and I didn’t have to wait for any of the steps. **The nurse was great, so was Dr. Michael Robinson.** He thoroughly explained the procedure. It was done in no time. The lady in Patient Transport who attended to me at the end and wheelchaired me out was incredibly nice and understanding.”
- “**Dr. Rocio Villeda-Gonzalez** and the staff at Montefiore Nyack Hospital were attentive, thorough, and professional. Wonderful experience. Thank you!”
- “The **Same-Day Surgery staff, recovery nurses,** and **step-down nurses** made my experience great. Please commend all, and the new addition to the hospital is great. I would recommend it to others. The change in Nyack Hospital is definitely noticeable.”
- “I went for my mammogram yesterday. **Theresa Akey, Mammography Technologist, at The Breast Center** was knowledgeable, very friendly, and made my visit much easier. She is wonderful.”
- “The entire staff, from check-in to nurses to **Dr. A. Schwartz**, were kind and attentive throughout my experience.”
- “I had a great experience with **Stephen Armstrong, PA.** He treated me with care, made sure I was comfortable, and took the time to check in on how I was doing. You can tell he genuinely cares about his patients. I really appreciated the way he handled everything professionally. He is kind and respectful. Thank you, Stephen!”
- “My treatment at Montefiore Nyack Hospital was very good. I appreciate the professionalism of all the staff. Although it took a long time to finish, the outcome was good. Thank you to everyone.”

Spotlight on Home Care

- “All the members of the Montefiore Nyack Home Care team have been excellent and well-qualified. I want to recognize **Mary Murray, RN**, who went above and beyond and was a great comfort. Thank you, Mary!”
- “I received excellent care from the Montefiore Nyack Home Care agency and would highly recommend to anyone to use their services.”
- “Thank you to **Stacy Weiss, RN** and **Irene Lawlor, PT** for your help! Keep up the good work!”
- “Home health care helped me a lot, I thank you! Special thanks to **Doreen Cocca, RN, Sandra Hinojosa, RN, Marie Jean, Home Health Aide,** and **Mariano Gaviola, PT.**”