

2
NEW HIRES/
ANNIVERSARIES

3
BLOOD DRIVE

4
MEN'S HEALTH

5
SAVE THE DATES

6
ON THE MOVE AT
HIGHLAND MEDICAL

7
VOICE OF OUR PATIENTS

THE BREAST CENTER AT EARNS NATIONAL ACCREDITATION FOR HIGH-QUALITY CARE AND TREATMENT

The National Accreditation Program for Breast Centers (NAPBC), a quality program administered by the American College of Surgeons (ACS), has granted accredited status to The Breast Center at Montefiore Nyack Hospital. This accreditation is the hallmark of excellence for breast centers.

To achieve voluntary NAPBC accreditation, a breast center must demonstrate compliance with the NAPBC standards that address a center's leadership, clinical services, research, community outreach, professional education and quality improvement initiatives.

Patients receiving care at The Breast Center at Montefiore Nyack Hospital have access to:

- Comprehensive care, including a full range of state-of-the-art services
- Genetic counseling
- A multidisciplinary team approach to coordinate the best treatment options
- Information about ongoing clinical trials and new treatment options
- Rehabilitation services and survivorship care

"This accreditation is a testament to the expertise and outstanding dedication of our multi-disciplinary team," said Sunny Mitchell, MD, FACS, medical director of The Breast Center. "We take pride in focusing on our patients and delivering care tailored to their individual needs."



**NATIONAL ACCREDITATION PROGRAM
FOR BREAST CENTERS**
ACCREDITED BREAST CENTER

A **QUALITY PROGRAM**
of the **AMERICAN COLLEGE**
OF SURGEONS

EMPLOYEE ANNIVERSARIES

Congratulations to the following employees who are celebrating a milestone work anniversary this month. We thank them for their years of service at the Hospital.

5 YEARS

Achamma Abraham
Barbara Hancock
Alexandra Harris
Carla Laureano Lal
Salvina LoManto
Morgan Lynch
Noemi Martinez
Madeline Mendez
Yesenia Quinones

10 YEARS

Farah Joubert
Barry Spencer

15 YEARS

Barbara Gupta
Abimbola Ndukwe

20 YEARS

Penni Taccetta

35 YEARS

Primrose McLean

WELCOME NEW EMPLOYEES!

We would like to extend a warm welcome to our newest employees!

- **Carlos Aguirre**, Environmental Services Aide
- **Peace Akokadike**, RN, 6 Doctors
- **Jeralyn Alexander**, RN, Emergency Department
- **Maryellen Antonio**, Retail Manager, Food & Nutrition Services
- **Rasha Ayoub**, Security Supervisor
- **Neimonia Barry**, Temporary Financial Clearance Specialist, Patient Financial Services
- **Maria Bran Cabrera**, Phlebotomist, Laboratory
- **Paul Canlas**, Assistant Director, Ambulatory Surgical Center
- **Carina Cassano**, Pharmacy Resident
- **Nuncia Chambers**, Phlebotomist, Laboratory
- **Evelyne Chery**, PCA Level 1, Behavioral Health
- **John Cholowsky**, Quality Coordinator, Quality Management
- **Brandon Clarke**, Security Officer
- **Maria Dauz-Candelaria**, Director, Risk Management
- **Wilfredo DeJesus Jr.**, Security Officer
- **Mary Stephanie De Vera**, Speech Language Pathologist, Rehabilitation Services
- **Noemi Di Cori**, Behavioral Health Counselor
- **Diana Fuentes**, Patient Access Coordinator
- **Anthony Germano**, Pharmacy Resident
- **Diego Gonzalez**, Radiology Associate, Diagnostic Radiology
- **Gina Graganella**, RN, 6 Doctors
- **Victoria Hidalgo**, Patient Access Coordinator
- **Elizabeth Hrinia**, RN, Emergency Department
- **Marjorie Jean Louis**, PCA Level 1, 3 Doctors
- **Jessica Jawahar**, RN, Care Manager, Care Management
- **Bhavna Khullar**, RN, 6 Doctors
- **Margaret Killeen**, Clinical Supervisor, Home Care
- **Jasahnia Leonard**, PCA Level 1, 4 Doctors
- **Steven Leveille**, Clinical Care Partner, Rheumatology Clinic
- **Keverene Mason**, RN, 3 Doctors
- **Jasmine Mizhquiri**, Dietary Clerk, Food & Nutrition Services
- **Medeum Naissant**, PCA Level 1, 3 Doctors
- **Vincent Pacella**, RN, Behavioral Health
- **Michael Posid**, Executive Chef, Food & Nutrition Services
- **Rowan Pragdat**, Respiratory Therapist
- **Judy Ann Regi**, Pharmacy Resident
- **Nanseecheh Roache**, Patient Access Coordinator
- **Robert Ruiz**, Patient Transporter
- **Jennifer Soriano Cortez**, PCA Level 1, 3 Doctors
- **Richard Tavares**, Surgical Technician, Operating Room
- **Jincy Thomas Varkey**, RN, PACU
- **Michael Vitiello**, Trades Mechanic, Facilities
- **Stefanie Yudell**, Behavioral Health Counselor

STAFF PROMOTIONS AND ACCOMPLISHMENTS

Congratulations to the following employees who were recently promoted to new positions at Montefiore Nyack Hospital!

- **Josephine Capo** was promoted from Assistant Director of Patient Financial Services to Director of Patient Financial Services.
- **Natanya Thomas** was promoted from Patient Access Coordinator to Patient Access Supervisor.
- Montefiore Nyack Hospital has achieved an "A" rating for social responsibility from the Lown Institute. This recognition is based on an evaluation of 53 metrics which provide a unique and holistic ranking of a hospital's performance. Grades are calculated by assessing equity, value, and outcomes, including pay equity, community benefits, inclusivity, cost efficiency, clinical results, and patient safety and satisfaction. Nationwide, the Lown Institute ranks 3,600 facilities. Montefiore Nyack Hospital is one of 39 hospitals in New York State to receive an 'A' out of 138 ranked statewide.

LEADERSHIP ROCKLAND

Thank you to Leadership Rockland for awarding Montefiore Nyack as Business Leader of the Year along with our colleagues from Good Samaritan Hospital.

Congratulations to fellow honorees Michael Seidenfrau, Dan Weisberg and the Leadership Rockland graduating class of 2023.



SERVICE RECOGNITION AWARDS

Attention: All Employees who had anniversaries of 10, 15, 20, 25, 30, 35, 40, 45 and 50 years of service in 2022:

We will be celebrating your milestone anniversary on September 14, 2023.

An invitation will be going out to the Honorees with more information at the beginning of August.

Any questions, please contact Linda Taff in Human Resources at ext. 2151 or email taffl@montefiorenyack.org.

JOB FAIR

Tuesday, August 22
2:00 - 5:00 PM

Montefiore Nyack Hospital
160 N. Midland Avenue
Nyack, NY

Please share with friends and family that we are hiring and interested in adding to our team of healthcare professionals who committed to providing the highest standards of medical care and patient experience.

Job Opportunities in Different Fields

Nursing | Allied Health | Security |
Administrative Support Services |
Environmental Services | Food &
Nutrition

Visit our website

montefiorenyack.org/careers

MEN'S HEALTH

Representatives from the Employee Assistance Program hosted an information table outside the Café on July 12 to raise awareness about men's health, such as self care, mental health and the importance of preventive care:

- Getting an annual exam by a primary care provider, including blood pressure and height/weight.
- Annually screening for testicular cancer, including monthly self-exams.
- Getting cholesterol testing every five years.
- Screening for diabetes, thyroid disease, liver problems and anemia.

The EAP can help develop the tools to make healthier choices and to remain committed to making health a priority. For confidential support and guidance, call **845-638-8880** and **EAP@montefiorenyack.org**.



GOLF CLASSIC 2023

This year's 37th Annual Northeastern Anesthesia & Montefiore Nyack Hospital Medical Staff Golf Classic was held on July 17th at Rockland Country Club in Sparkill. This year's event raised more than \$380,000 in critical funding for our Foundation to support the ever-changing healthcare needs of the Rockland County community with comprehensive state-of-the-art medical care and programs.

Thank you to all of our event supporters, including our sponsors, volunteers, and of course, golfers, who withstood the heat and humidity to take part in this sold-out successful fundraising effort. Special thanks to Dr. Mitchell Cohn, Northeastern Anesthesia and the Montefiore Nyack Medical & Dental Staff for their continued leadership and support.

To see the photo gallery from this event, please visit Montefiore Nyack Foundation's website at: <https://bit.ly/Golf-Classic-2023>.



WHUD – OFFICE OF THE WEEK

Who says there is no such thing as a free lunch? This month, our team at The Recovery Center entered to win a free lunch from 100.7 WHUD. They won and were treated to proudly posed for a photo that now appears on WHUD's "At Work Wall of Fame."

Thank you to 100.7 WHUD and Pamela's on the Hudson based in Newburgh for picking an extraordinary team to recognize and treat to lunch.



SAVE THE DATES

Exotic Car Show

Thursday, August 10, 2023

6 PM to 9 PM

Main Street in Nyack

Montefiore Nyack Hospital Foundation with the Nyack Chamber of Commerce are teaming up to host its Main Street Exotic Car Show. Attendees can get up close and ask questions about the classic and custom cars lined up on Main Street. Enjoy food from local restaurants and giveaways! All proceeds will benefit the Montefiore Nyack Hospital Foundation.

Transamerica Retirement Session (Virtual only)

Monday, August 14, 2023

8 AM to 4 PM

Transamerica is currently handling retirement education via phone appointments only. To schedule a one-on-one consultation, please check your email for a link from Human Resources or call **319-355-3534**. As a reminder, you can always access your Transamerica retirement plan account online at www.transamerica.com.

2nd Annual Rides & Strides

Sunday, October 22, 2023

Clover Stadium, home of the NY Boulders

1 Phil Tisi Way

Pomona, NY 10970

10 AM start time

Check-in: 8:30 to 9:45 AM

Rides & Strides is a fundraising event hosted by the Montefiore Nyack Hospital Foundation. Proceeds raised will benefit The Breast Center at Montefiore Nyack Hospital's efforts to ensure that individuals who are underinsured, uninsured or medically underserved are able to receive vital cancer screening services they need on an annual basis. For more information, call **845-348-2770** or visit <https://bit.ly/RidesAndStrides2023>.

BLOOD DRIVE

Wednesday, August 16, 2023

Noon to 6 PM

There is a critical blood supply shortage.

The New York Blood Center's Bloodmobile will be in the hosting a blood drive in the Physician's Lot. Appointments are highly encouraged. One pint of donated blood can save up to three lives!

If you are on shift and wish to donate blood, you will need to request permission from your supervisor before making an appointment.

To schedule an appointment:

- Click here to access registry online
- Scan the following QR Code



- Call/text Genevieve at 732-672-5281

You must be at least 16 years old to donate, be in good health, and weigh at least 110 lbs. Please note an automated red cell takes a bit longer and has additional eligibility requirements. If you're not sure if you qualify, schedule a whole blood appointment, and ask our staff when you arrive if you qualify for an auto-red procedure.

Upcoming Events

Epic Upgrade

Epic Future Playground available	7/24	Log in to see what Epic will look like after the upgrade. Playground usernames and passwords are available on Learning Home Dashboards.
Training materials available on Learning Home Dashboards	8/15	Review and share with your departments. Encourage staff to log into Epic Future Playground after reviewing training materials.
Epic Upgrade	9/16	Downtime begins at 1am, lasting for a few hours.

ON THE MOVE AT HIGHLAND MEDICAL

Highland Medical OBS-GYN of Rockland hosted a ribbon-cutting ceremony on July 9 to celebrate the merging and relocation of the New City and Nyack locations. The new spacious office is at 200 East Eckerson Avenue, Suite 160, in New City. OBS-GYN also has an office in Stony Point.

Special thanks to Congressman Mike Lawler, Supervisor George Hoehmann and Legislator Aney Paul for attending. For more information about this practice and services provided, visit <https://www.highlandmedicalpc.com/specialties/obs-gyn-of-rockland>.



WORKING WELL WITH OTHERS – YOUR PATHWAY TO ACHIEVEMENT

Special thanks to the Employee Assistance Program for its submission!

It may not be immediately apparent, but your own behavior has a significant impact on the level of teamwork in your department. Individuals tend to be reciprocal by nature and when you are conscientious about team building by working well together others respond in kind. Everyone benefits from helping each other out and the effect is exponential!

Here are some tips to help make your workday a successful experience:

- **Embrace conflict** as a necessary part of problem-solving. Expect others to disagree with you and respect their right to express themselves by listening carefully to what they are saying without interrupting.
- **Broaden your understanding of others** – you can minimize flare-ups between personalities by making it your priority to understand how others think and how they approach their work.

- **Acknowledge the importance of other people** – allowing everyone to participate and put team goals ahead of personal agendas. Credit others publicly for their contributions by saying “thank you” and “nice job”
- **Back to basics** – Imagine the kind of person you’d like to work with and be that person. Be honest about your shortcomings, and challenge yourself to be the first to admit a mistake and the first to apologize when a disagreement becomes personal. Chances are your co-workers will follow your lead rather than choose to increase animosity.

Diffusing potential workplace situations is a commitment to your own emotional well-being as well as to a better functioning workplace. Step away from the mindset to “be right” which tends to increase feelings of resentment. Finally, leave work at work and replenish yourself during off-work hours by balancing personal responsibilities with fun and relaxation.

If you are struggling with your personal or professional relationships, consider contacting the EAP at 845-638-8880 or email us at EAP@montefiorenyack.org for free, confidential support.



Employee Appreciation Night at NY Boulders


Montefiore Nyack and Highland Medical employees can obtain up to four (4) free tickets to the final game of the season NY Boulders vs NJ Jackals which will be followed by a fireworks extravaganza.

Sunday, September 3, 2023

Game at 6:00 pm | Gates open 5:00 pm




SCAN ME



To get tickets scan this code or click on the link in the email.

Tickets will also be available at the Montefiore Nyack table outside the stadium box office between 5:00 - 6:00 pm. Please bring your work id.



Highland Medical

Montefiore | Nyack

VOICE OF OUR PATIENTS

The Patient Experience is about being a caregiver, and WE ALL are caregivers. Thus, the role of the caregiver is to ensure that patients and families feel safe and confident in the care provided. **Thank you to the caregivers acknowledged below. Congratulations to the units and departments they represent and to the caregivers they tirelessly work beside.**

- “I am writing to spotlight **Faithlyn Burrell Hunter, PCA, of Same Day Surgery**, who was a key member of the recovery team. My husband had surgery on June 21st and was slow to wake up before he could be moved from PACU to Recovery. Faithlyn was diligent to keep us updated. When he was moved to the area from which he would be discharged, she came to get us and took us to him. At these times, anxiety for a loved one runs high. Faithlyn helped mitigate my nervousness. For these reasons, she deserves recognition.”
- “I had a great experience during my last mammography! The **staff at The Breast Center** was pleasant, friendly, and on time—all of the qualities you hope for!”
- “**Dr. Sung Ho Lee and the team at The Hematology Oncology Center** are excellent. Highly professional and effective. They explained everything and were on time. I am very happy with the service.”
- “In June, I was taken to Montefiore Nyack by ambulance. I was diagnosed with a perforated appendix. My nurses **Scott Franza, RN**, and **Michelle Corda, RN**, as well as **Dr. Jamil Rizqalla** were excellent. They knew what had to be done and made it happen! Your “private room” in the Emergency Room made the entire experience the best it could be.



Dr. Lee Fleischer did my surgery and I was so fortunate he was on call. He is not only a wonderful surgeon but also took the time to completely answer all my family's questions. My recovery room nurse, **Amanda Genovesi, RN, PACU**, also deserves special attention. She could not have done more to make me comfortable. Thank you for your efforts!”

- “My husband and I had the most wonderful experience at the Emergency Room when we came in after he threw out his back so badly, he could barely walk. The woman at the front desk was pleasant and had us seen right away. The nurse who initially helped us was such a nice man and made my husband feel at ease. **MaryRose Abplanalp, Nurse Practitioner**, was so nice and helpful. She and the medical student helping her were very thorough and made sure my husband got the help he needed. She listened to his issues and didn't make us feel rushed. **Maria Fostanes, RN**, who administered the medicine to my husband, was also very sweet and gentle. Overall, this has been the best emergency room experience I've ever had.”
- “Everything was first rate from start to finish; punctual and thorough appointment; interview with nurse, blood draw; comprehensive meeting with **Dr. Mathew Lonberg**; introduction to infusion nurse and five-week schedule set up. Thank you.”
- “Thank you for the care you provided to my mother. **Montefiore staff at Nyack Hospital** were great, from the reception to the security, to the check-in staff, to the staff who prep her for her procedure, and to the doctor. You guys were great, and I personally appreciate it, my mother does as well.”