

We Get You Back to You... Sooner



Colorectal

Colorectal surgery aims to remove parts of the colon or rectum that are affected by diseases or conditions, such as cancer or diverticulitis.

This surgery is often done using traditional open surgery techniques, but it can also be done with minimally invasive techniques such as laparoscopy. In recent years, a new technology called da Vinci Robotic surgery has been introduced, which is a minimally invasive surgical.

EVERYTHING YOU NEED TO KNOW:

Colorectal Surgery with da Vinci Technology

The Procedure

During da Vinci colorectal surgery, a surgeon operates a robotic system that consists of four robotic arms with surgical instruments attached to them. The surgeon sits at a console, controlling the robotic arms through a series of hand and foot controls. This technology provides a high level of precision and control, allowing surgeons to perform complex surgical procedures with smaller incisions and faster recovery times.

Our Physicians

da Vinci colorectal surgery requires specialized training and experience. Our surgeons have undergone rigorous training and have extensive experience in this field. They are highly skilled in using the da Vinci system and are familiar with the latest surgical techniques and practices.

SCHEDULE A CONSULTATION: 845-348-3058

Colorectal

For health conditions like Crohn's disease, ulcerative colitis, blockages, ruptures, or diverticulitis, your doctor may recommend colorectal surgery. This procedure can help alleviate discomfort and restore proper function to your colon and rectum.

SYMPTOMS



rectal bleeding



blood in stool



chronic constipation or diarrhea



abdominal pain or cramping



unexplained weight loss

CAUSES



personal history of IBD



smoking



poor diet



excessive alcohol consumption



family history or colorectal disease

PREVENTION TIPS



manage stress levels



maintain a healthy weight



exercise regularly



eat fruits, vegetables, whole grains



seek prompt medical attention for concerning symptoms

What to Expect Before Surgery

Focus on a healthy lifestyle before your surgery.

Discuss how to adjust your food and drink intake prior to surgery.

Prepare a list of your current medications to discuss with your doctor prior to surgery. Include over-the-counter medications in the list.

Arrange for someone to take you home after the surgery.

What to Expect After Surgery

While you should avoid strenuous activity for a few weeks and get plenty of rest, movement is important. Get out of bed and walk early and often.

Discuss what type of diet you need to aid in your recovery.

Your physician will schedule a follow-up appointment to ensure that you are healing properly.

SCHEDULE A CONSULTATION

To schedule a consultation and for more information about robotic colorectal surgery, call Highland Surgical Associates at **845-348-3058**.

Montefiore | Nyack

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