

Montefiore | Nyack



THE BREAST CENTER

at Montefiore Nyack
Hospital

montefiorenyack.org/breastcenter

I don't think I
could get better
care, more
support, or
encouragement
at any of the
bigger hospitals
or cancer centers.

Accreditation by these organizations
demonstrates our firm commitment to
offer patients every significant advantage
against breast disease.





Complete Breast Care from the Team That Cares.

The Breast Center at Montefiore Nyack Hospital is a provider of comprehensive, cutting-edge, and personalized breast care with an emphasis on cancer prevention and early detection. We offer a wide array of screening services, precision diagnostics, and treatment options, as well as access to clinical trials and current research programs to our patients. Our expert, experienced physicians and specialists practice to nationally recognized standards and guidelines providing the same level of first-class academic institution cancer care—only closer to home.

The Breast Center is accredited by the National Accreditation Program for Breast Centers (NAPBC), a program administered by the American College of Surgeons. Accreditation by the NAPBC is only given to those centers that provide the highest level of quality breast care as determined by a voluntary and rigorous evaluation and review of their performance. The Center has also been designated as a Breast Imaging Center of Excellence by the American College of Radiology (ACR).



The Center received this designation in all accreditation programs including—mammography, stereotactic breast biopsy, breast ultrasound, and ultrasound-guided breast biopsy. Only a small percentage of imaging centers receive this designation of excellence.

A Full Range of Screening and Diagnostic Services

We offer the full range of screening capabilities and diagnostic services using state-of-the-art equipment. Our expert, experienced specialists will help you throughout your visit with patient-centered care that treats the whole person, not just the breast.

OUR SERVICES INCLUDE

- Breast Health Navigator, who guides newly diagnosed breast cancer patients through the diagnosis, treatment, support, and education process.
- 3D Mammography, the gold standard for early detection of breast cancer may detect more invasive breast cancers and abnormalities. Our 3D Tomosynthesis System provides a superior mammogram for all breast types and densities at the lowest possible radiation dose.

- Image-guided breast biopsy procedures.
- Breast MRI, a highly sensitive exam that expands the ability to diagnose early-stage breast cancers that may not be visible on mammography or ultrasound.
- Oncoplastic Breast Surgery, breast oncologic surgeons who use the latest oncologic and reconstruction techniques for the best possible survival and cosmetic outcomes.
- Clinical Genetics Program which provides a Comprehensive Cancer Risk Assessment, Cancer Genetic Counseling, and Predictive Genetic Testing for women at increased risk of developing breast cancer due to a personal and/or family history of breast and colon cancer, genetic disposition or previous medical history.
- Comprehensive on-site treatment services, including multi-disciplinary cancer treatment planning conference, biopsy capability with all modalities (ultrasound, mammography, or MRI), Oncoplastic oncologic breast surgeons, radiation therapy, medical oncologists, and plastic surgeons specializing in breast reconstruction.



Breast Care Specialists

When you visit The Breast Center at Montefiore Nyack Hospital for an initial evaluation, you may meet with one or more board-certified physician specialists from our breast-trained team:

BREAST FELLOWSHIP-TRAINED RADIOLOGISTS

- 3D mammography
- Breast ultrasound
- Bone density studies
- Breast MRIs
- Image-guided diagnostic procedures
 - Stereotactic or Mammogram guided core needle biopsies
 - Ultrasound-guided core needle biopsies
 - MRI-guided biopsies
 - Cyst aspirations

Breast Surgical Oncologists

Breast surgical oncologists are breast surgeons who utilize oncoplastic techniques to optimize each breast surgery to the patient (whether for benign or malignant problems).

Oncoplastic Surgery: Entails optimizing both oncologic (cancer) and aesthetic outcomes via plastic surgery techniques, often combined with Hidden Scar Breast Surgery, an advanced approach where the surgeon places the incision in a location that is hard to see, providing little to no visible reminder of the surgery. This may apply to nipple-sparing mastectomy as well as breast conservation ‘lumpectomy’ surgery.

These techniques make it possible to offer breast conservation ‘lumpectomy’ to patients who otherwise might not be a lumpectomy candidate.



*Sunny Mitchell, MD, is a certified Hidden Scar™ Breast Surgeon and a Hidden Scar™ instructor.



Reconstructive Surgeons

Our plastic surgeons will work with your breast surgeon to provide immediate reconstruction at the time of a mastectomy.

Types of reconstruction may include: direct to implant; or autologous flap, i.e. DIEP (deep inferior epigastric perforator flap), a surgical procedure that uses the patient's own skin and fat from the lower abdomen, transplanting it to the chest to reconstruct the breast.

Pathologists

Our pathologists have extensive experience evaluating and accurately classifying breast tissue specimens to determine if there is breast cancer present.

Medical Oncologists

Cancer specialists who help determine medical treatment choices, including chemotherapy, hormonal therapy and immunotherapy.

- Review criteria and recommend patient participation in research and clinical trials.
- Provide personalized breast cancer genomic profile to tailor recommendations for therapy.

Radiation Oncologists

Cancer specialists who treat breast cancers with radiation therapy using the latest techniques and most recent clinical data.

Medical Geneticists and Genetic Counselors

Cancer geneticists offer cancer risk assessment, genetic counseling and genetic testing.

Survivorship

Survivorship begins at the time of diagnosis, continues through treatment and beyond, and includes family, friends and caregivers affected by cancer. We anticipate and address the potential effects of breast cancer treatment to minimize the negative impact of diagnosis and treatment and facilitate quality of life throughout breast cancer treatment.

Treatment

Our multi-disciplinary team of specialists meets weekly to create a personalized, data driven, and coordinated care plan for each patient to deliver the best treatment options available.

High Risk Breast Assessment

High Risk Breast Cancer Assessment is a comprehensive program for women at increased risk of developing breast cancer either due to family history, genetic disposition or previous medical history. Our medical geneticist and team of genetic counselors provide you and your family members with:

- A breast cancer risk assessment
- Genetic counseling and testing

High Risk Program

Persons assessed to be at high risk for development of breast cancer are followed with a personalized screening and prevention plan.

Genetic Testing

Genetic counseling may be very important in helping a woman understand the role of both family history and lifestyle on her risk for developing breast or other types of cancer. Genetics evaluation is provided by a clinical geneticist and includes a review of the patient's personal medical history, a detailed medical and cancer family history, and a physical examination, if needed.

Additional Services

The Breast Center at Montefiore Nyack, in partnership with the Cancer Services Program of the Hudson Valley will provide breast cancer screenings at no cost to those uninsured or underinsured that meet eligibility requirements residing in Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster or Westchester counties.


Support Services

Patients may participate in additional hospital, community and/or regional activities, emotional, and physical support through additional no-cost services provided at The Breast Center.

DEXA Scan

Bone density studies to determine the risk for developing osteoporosis (disease resulting in bone fractures).

Take an active role in
keeping yourself healthy.
Do it for everyone in your
life who loves and depends
on you, and most of all, yourself.



Our Clinical Leadership

Our team of multi-disciplinary specialists—including breast surgical oncologists, medical geneticists, radiation oncologists, radiologists, plastic surgeons, anesthesiologists, and medical oncologists—are firmly committed to providing our patients with every significant advantage in supporting their breast health and overall care when treating breast disease.



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Radiology Partners

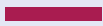
Affiliate Locations

Highland Medical Hematology and Oncology

160 North Midland Avenue
Nyack, NY 10960
845-480-7440

Department of Radiation Oncology Montefiore Nyack Hospital

111 North Highland Avenue
Nyack, NY 10960
845-727-0828



For additional information about
The Breast Center at Montefiore Nyack Hospital
and services provided, please call **845-348-8551**.

Schedule an Appointment

Imaging:

845-348-8551

Surgical Consultation/Genetic Counseling:

845-348-8507



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111 North Highland Avenue, Nyack, NY 10960

Entrance off of the main Hospital parking lot.

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